

# HomeLink 7

## WORKSHOP 7

### REPRODUCTION AND STAYING HEALTHY

With a parent/caregiver or trusted grown-up, go to the BabyCenter website (babycenter.com) and type “inside pregnancy” in the search bar. Watch one or more of the videos about fertilization and pregnancy. Discuss with the grown-up what you have watched. Do you have any questions?

Don't have Internet access? Ask someone in your family or a family friend to tell you about what it is like to be pregnant and to give birth.

#### Word Bank Words for Workshop 7

**FERTILIZATION:** When a sperm unites with an egg.

**CONCEPTION:** The process of becoming pregnant, which includes fertilization and the implantation of the fertilized egg into the wall of the uterus.

**ZYGOTE:** A cell that is formed when an egg and sperm combine: a fertilized egg.

**EMBRYO:** The collection of cells that have developed from a fertilized egg, from implantation in the uterus through the eighth week of development.

**FETUS:** The name of an embryo from the eighth week of development until birth.

**VAGINAL BIRTH:** When the uterine muscles contract and push a baby out of the uterus, through the vagina, and out of the body.

**CESAREAN BIRTH:** Also called *Cesarean section* or *C-section*; when a doctor delivers a baby by making a cut through the abdomen and uterus and lifting the baby out.

**SEXUAL INTERCOURSE:** When the genitals of one person envelop or enter the genitals, mouth, or anus of another person for sexual pleasure. Examples include a penis entering a vagina (vaginal intercourse), mouth-to-genital stimulation (oral sex), and a penis entering an anus and rectum (anal sex).

**ABSTINENCE:** Choosing not to have sexual intercourse or skin-to-skin genital contact.

**CONTRACEPTION:** Also called *birth control*; methods of preventing pregnancy.

**SEXUALLY TRANSMITTED INFECTION:** Also called *sexually transmitted disease*; an infection that is transmitted from one person to another during sexual contact or an exchange of body fluids.